



## Regarding the recommendations from 22 November 2021

**In addition to the information we provided regarding Step 4 (September 29, 2021), we want to clarify certain parts due to the fact that the spread of infection is now unfortunately increasing. We all have a large role in impacting and reducing the spread of infection.**

The spread of Covid-19 has increased rapidly in Europe in recent weeks and there is reason to believe that we in Sweden will also see an increase in the number of cases. The authorities expect a peak in infection in mid-December and are therefore already taking a number of measures to prevent an increased spread of infection.

### **Testing of vaccinated and unvaccinated with symptoms**

Covid-19 is spread mainly among unvaccinated people. It is among unvaccinated adults that the greatest risk is found to suffer from severe covid-19 disease and the risk is that these people also cause an increased burden on the already strained health care. Vaccinated people can both be infected and pass on the infection, but to a more limited extent than for the unvaccinated.

To meet a feared increase during the month of December, the Swedish Public Health Agency recommends from 22 November that the regions also offer vaccinated people to be tested for symptoms. The recommendation applies to people who go to preschool class (förskoleklass) or who are older. In the event of an increased spread of infection in the country, it gives the regions the opportunity to also detect minor changes in the distribution and break more chains of infection.

### **Stay home if you have symptoms of respiratory infection**

It is still very important that those who have symptoms of a respiratory infection, as before, stay home from work, school, preschool and other activities even in the event of a negative test result for covid-19. This is because we have an extensive spread of RS virus. This applies to both children and adults even if the symptoms are mild, and it also applies to the vaccinated.

### **Finally**

We at Dibber emphasize the importance of following the recommendations of our authorities and being careful. At the same time, it is important to always have what is best for our children, students and the workplace we are in. As a guardian, parent and staff within Dibber, you help us best by actively staying up to date on the recommendations and guidelines that the authorities communicate.

If you can get vaccinated, you should do so to reduce the risks for yourself and others.

Feel free to talk to the staff at your child's preschool or school about the various proportionate infection control measures that are taken.

### **Usefull links**

The Swedish Public Health Agency's portal page for information about preschools, compulsory schools and upper secondary schools: <https://www.folkhalsomyndigheten.se/smittskydd-beredskap/utbrott/aktuella-utbrott/covid-19/verksamheter/information-till-skola-och-forskola-om-den-nya-sjukdomen-covid-19/>

Kind regards

Dibbers Management Team