

Removal of restrictions in the autumn 2021 – Step 4 (Personal)

Now that vaccination coverage is increasing in the adult population and the spread of infection is decreasing, step 4 of the government's plan to return to a society without restrictions is being implemented. This means that certain restrictions will be lifted as of 29 September, but it is important to remember that we jointly have a great responsibility to reduce the spread of infection.



We at Dibber emphasize the importance of following the recommendations of our authorities and being careful. At the same time, it is important to always have what is best for our children, students and the school/preschool we work in. Many of the tasks we perform daily must be done on site and with other people. It is therefore important that we continuously both for ourselves but also together with our colleagues reason about and plan work tasks so that they can be carried out as safely as possible.

Briefly, the public health authority describes step 4 as follows:

- Participation ceilings for public gatherings and public events are removed
- Participant ceilings for private gatherings in e.g. rented premises are removed
- The remaining restrictions that exist at restaurants, e.g. size of party and distance between parties is removed
- The Swedish Public Health Agency's advice on working from home is removed and a gradual return to the workplace can begin. Those who have symptoms should continue to stay at home and test themselves, and employers should then facilitate homework.

Proportional infection control measures

We still need to jointly take responsibility for implementing proportionate infection control measures. The pandemic is not over, but the balanced assessment of the measures in step 4 and our children's and students' need for qualitative education and care means that even more of our regular activities need to be resumed. Discuss in your own unit about what your conditions entail for different proportional infection control measures.

The recommendation for homework

As the public health authority now lifts the council to work from home, it also means that we are moving towards a more normalized everyday life. Depending on if the situation allows it and work tasks require it, each employee can continue to perform a certain part of their work tasks remotely. However, this is an assessment made by the unit manager and in dialogue with the respective employees. But the general attitude is that much of the work we do together within Dibber requires a high presence in our units and offices.

Introduction to our preschools

Most of our introductions to our preschools have now begun, but there is still a great need to carry out parent-active introductions to give our children as good and safe a start as possible.



Parent meetings

In the future, parent meetings, open houses and other meetings will begin to be arranged physically in our premises. These need to be implemented with proportionate infection control measures. A possible solution to reduce the number of people in the same place could be to continue to call for only one guardian per child / student to attend.

Workplace meetings

Workplace meetings and various forms of planning meetings are important in order to be able to conduct high-quality teaching and care and to ensure a good working environment for all of us who work within Dibber Sweden. These meetings also need to continue to be carried out with proportionate infection control measures, but as part of step 4 of the Government's plan for a return to a society without restrictions, APT and planning meetings can also be carried out even more normally than during the previous financial year.

General approach to diseases

In case of illness

If you as an employee or if a child or student in our business becomes ill, you must stay at home and, as far as possible, carry out covid-19 tests in accordance with the recommendations that exist. See "good links" below. If someone in the family of an employee, child or student becomes ill, we should be observant of symptoms, but otherwise they are welcome to participate in the activity.

After illness

When the person who has been ill no longer shows symptoms of illness, you are welcome to participate in our activities in accordance with the recommendations that exist. See "good links" below.

Good links:

The Swedish Public Health Agency's portal page for information about preschool, compulsory school and upper secondary schools: <https://www.folkhalsomyndigheten.se/smittskydd-beredskap/utbrott/aktuella-utbrott/covid-19/verksamheter/information-till-skola-och-forskola-om-den-nya-sjukdomen-covid-19/>

Questions and possible new recommendations

For questions about covid-19, you can ask them by calling 1177, 113 13 or read more on the public health authority's website or 1177.se.

If it concerns an interpretation of a recommendation and about how we at Dibber relate to an issue or event, contact your nearest manager.

It is important that we all stay up to date on any new recommendations.

Kind regards

Dibbers Ledningsgrupp