

Removal of restrictions in the autumn 2021 – Step 4 (VH)

Now that vaccination coverage is increasing in the adult population and the spread of infection is decreasing, step 4 of the government's plan to return to a society without restrictions is being implemented. This means that certain restrictions will be lifted as of 29 September, but it is important to remember that we jointly have a great responsibility to reduce the spread of infection.



We in Dibber emphasizes the importance of following the recommendations of our authorities and exercising caution. At the same time, it is important to always have what is best for our children, students and the activities we are in. As a guardian and parent within Dibber, you help us best by actively staying up to date on the recommendations and guidelines that the authorities communicate.

Briefly, the public health authority describes step 4 as follows:

- Participation ceilings for public gatherings and public events are removed
- Participant ceilings for private gatherings in e.g. rented premises are removed
- The remaining restrictions that exist at restaurants, e.g. size of party and distance between parties is removed
- The Swedish Public Health Agency's advice on working from home is removed and a gradual return to the workplace can begin. Those who have symptoms should continue to stay at home and test themselves, and employers should then facilitate homework.

Proportional infection control measures

We still need to jointly take responsibility for implementing proportionate infection control measures. The pandemic is not over, but the balanced assessment of the measures in step 4 and our children's and students' need for qualitative education and care means that even more of our regular activities need to be resumed. Feel free to talk to the staff at your child's preschool or school about the various proportionate infection control measures that are taken with you.

In case of illness

Anyone with covid-19 symptoms should stay home. Adults and children from the age of 6 are also recommended to get tested. These recommendations do not change with step 4.

Usefull links

The Swedish Public Health Agency's portal page for information about preschools, compulsory schools and upper secondary schools: <https://www.folkhalsomyndigheten.se/smittskydd-beredskap/utbrott/aktuella-utbrott/covid-19/verksamheter/information-till-skola-och-forskola-om-den-nya-sjukdomen-covid-19/>

Kind regards
Dibbers Ledningsgrupp