

01/12/2020

Updated information for guardians about covid-19

At Dibber, our main value is to care for the children and pupils in our schools. It is out of care for them and everyone else in our schools, as well as those in risk groups, that we continue to work carefully to prevent the spread of infection. Thank you for your understanding and cooperation! Important updates from the previous version are **marked in yellow**.

We follow the Swedish Public Health Agency's recommendations as well as other instructions and advice issued by the authorities. This also involves food management and the practice of sports.

We expect that we can keep preschools and schools open, but that further measures will be required to reduce the spread of infection. You can always find updated information on our website, where there is also special information about remote education and links to government information, among other things. In our blog we have also collected good tips on fun and educational home activities.

What applies for children and adolescents in our schools

The Public Health Agency's information specifically aimed at preschools and schools can be found via this [LINK](#).

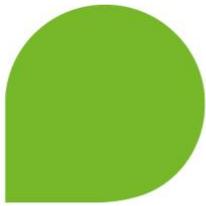
To reduce the risk of infection, children, pupils and staff should be aware of the symptoms that may arise with covid-19. There are mild symptoms such as sore throat, runny nose, nausea and headache, but also other symptoms such as muscle and joint pain, fever, cough and difficulty breathing.

Preschool children often have mild sicknesses that pass quickly and are not signs of covid-19. Then the child does not have to be home from preschool. For example, there may be occasional coughing or a runny nose after the child has been outside.

Pupils who are healthy must go to school and children who are healthy can go to preschool, with the exceptions listed below regarding registration of absence. We want to emphasize that compulsory schooling still applies and it is important not to miss class unnecessarily.

If a child or pupil falls ill during the school day, the child/pupil must go home as soon as possible. The staff will contact the guardians.

Like everyone else in society, children, pupils and staff should stay at home as long as they feel ill and they should be symptom-free for at least two days. Children and pupils can return even if they have a persistent dry cough, as long as 7 days have passed since they became ill, and if they have been otherwise symptom-free for at least two days. The Swedish Public Health Agency recommends that all adults and children over the age of 6 with symptoms of covid-19 take a so-called PCR test.



Children, pupils and staff who have symptoms which may indicate covid-19, and then test negative can return to our schools - if their general condition otherwise allows it. A written test result (PCR test) performed at a healthcare facility must be presented.

In accordance with the Public Health Agency's updated advice on 1 December 2020, children and pupils who live with someone who has covid-19 must stay at home. We ask you to respect this because it increases the chances that we will be able to keep the schools open, and it is important for our employees to have a safe working environment.

In case of allergic problems, the following applies: If you recognise your allergy symptoms, take your medicine and if it gets better, you can come to our schools. If it does not get better, you must stay at home.

If necessary, contact the Health Care Guide on phone number 1177. For general questions about covid-19, you may call 113 13. Information about symptoms and other valuable information from 1177 is available by region at www.1177.se.

Based on the updated situation with a general spread of covid-19, we will no longer routinely to inform you about individual confirmed cases that occur, but only upon the advice of infection control physicians. A decision to close the school in such a situation is made on the advice of an infection control doctor.

We do everything we can to be able to keep our preschools open in the same way as usual. We collaborate between our preschools and, as usual, hire substitutes as needed. If these measures are not enough, we may need to limit opening hours and request of you who have the opportunity, to keep your child at home. This is due to an increased lack of staff. Thank you for your understanding.

Parent-active introduction and absence from preschool

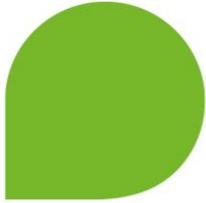
When a new child starts with us, it is required that the child's guardian is present with the child at the preschool in the beginning. Preschool is a place where we are close to the children, who are small and in need of care and closeness. This means that we ask that each guardian follows precautionary measures based on the Public Health Agency's guidelines during the introduction.

It is important that you stay at home if you or your child shows any possible symptoms of covid-19. Wash your hands often, with soap and water, for at least 20 seconds. As much as you can, keep an arm's length distance to others, both indoors and outdoors. It may be useful to know that the preschool will be held outdoors to a greater extent than usual to minimise infection.

Preschool is voluntary, but we always ask you to inform the school management according to normal routines if you choose to keep your child at home.

Registration of absence from school

It is important that you as a guardian report absence according to the existing routines. In this case, you must also contact the school as soon as possible for a conversation about the pupil's education so that the principal may be aware of the reason for the absence. If you have a child sensitive to infection and are wondering whether the child should go to school or preschool, you should contact your family doctor for assessment. Due to the extended time that the risk of infection has existed



and will continue to exist, compulsory schooling means that absence based solely on worries cannot be accepted. In case of absence due to someone with whom the child lives having covid-19, report the absence and contact the principal.

Other information

We avoid children and pupils in our schools go to places and events outside our own premises, where the public health authority's recommendations are not followed. This may mean that previously planned activities are cancelled. Nonetheless, outdoor activities are often good from an infection control point of view and are encouraged.

We have limited business trips and physical meetings outside of the regular workplaces, as well as external visits. The same rules that you must be healthy to come to our schools apply to our employees.

We closely follow developments and are in ongoing dialogue with the relevant authorities, especially the Public Health Agency and the municipalities where we have our schools, in order to protect the children and employees in our schools in the best way possible. We inform our units and principals on an ongoing basis and ask them to share information about the infection spread. We also emphasise measures for good hygiene and other measures to reduce risks.